**Psychosis is common and treatable.** 

## Don't wait, Learn more, Get help early.

Learn more at www.dshs.wa.gov/GetHelpEarly

**Anyone** can develop psychosis. It affects 3 in 100 people, and usually occurs for the first time between the ages of 15 and 30. Have you seen two or more of these warning signs?

- A drop in grades or difficulty doing things that use to be easy
  - Strange behavior or beliefs that are out of character and new
  - Seeing or hearing things that others do not
- Not sleeping for days

Washington State Department of Social and Health Services DSHS 22-1631

Washington Recovery Help Line 1.866.789.1511